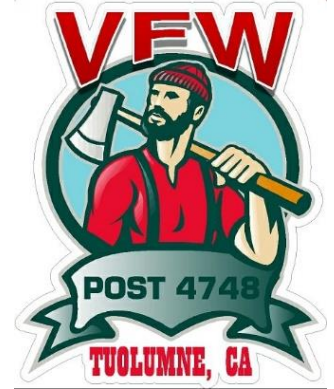




Veterans of Foreign Wars  
Keith Dale Wann Post 4748  
Veterans Ruck March 2024  
March 23<sup>rd</sup> @ 10am



**Location: VFW Post 4748, 18375 Fir Ave Tuolumne CA 95379**

The "Vets Ruck March" fundraiser is for all ages, it will be held on Saturday March 23<sup>rd</sup>, 2024. We will start at 10am in front of the Tuolumne Veterans Memorial Hall and finish by noon. Sign in starts at 9am. Our goal is to get at least 200 donating participants which will help support our Post's Programs.

**Registration is \$50. Pre-Registration is \$45. Registration is \$35 for Students. Pre-Registration for Students is \$30.** Each registered participant will get a patch and event shirt. **Registration is due by March 1<sup>st</sup> to be guaranteed correct shirt size.** Logos of sponsors will be printed on the backs of the event shirts, as well as on our promotion efforts; **sponsorships are a minimum of \$500.**

Participants are encouraged to bring a backpack that is at least 22lbs, in memory of those that have fallen to suicide. **To be in the running for 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place prizes a 22lb backpack is required (Men and Woman Classes).** Please consider filling your backpack with items to donate to our "Homeless Veterans Program" after finishing the March.

The entire march route will be roughly 3 miles; mainly flat with one hill, on paved and dirt roads, friendly for all ages. Route maps will be provided at the sign in table, and route will also be marked with signage. We will have all participants sign a release of liability at **sign in between 9am to 945am.**

\*\*\*\*\*

**Registration:**

**(Please Circle)**

Print Name: \_\_\_\_\_ Shirt Size: Adult Child & S M L XL XXL

Address: \_\_\_\_\_

Email: \_\_\_\_\_ Cell: \_\_\_\_\_

**Payment Methods:**

*Please mail or email your registration form* with or after you make your payment:

VFW Post 4748, 18375 Fir Ave Tuolumne CA 95379 or vfwpost4748@yahoo.com

\*Make Checks Payable to "VFW Post 4748" memo "Vets Ruck".

\*PayPal vfwpost4748@gmail.com or Contact QM 209-206-6768 for credit card payments.



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